

# Friendship Bracelet (Rainbow)



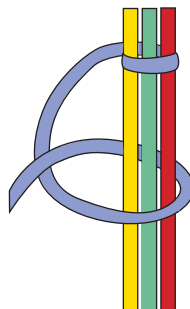
Embroidery Threads  
(or wool/string)

Scissors  
Masking tape

Cut Embroidery threads into two 96 cm lengths.  
Fold both pieces 48 cm from the end, and gather the folded strands together.  
Tie all together into a knot 10 cm from the fold.  
Secure by taping to table top at fold.



Cross blue strand over yellow, green and red strands.



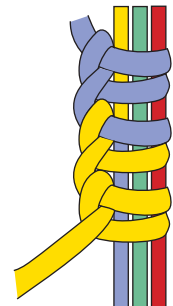
Bring blue strand round the back of the other strands, and bring forwards then up through the loop created by the blue strand. Tighten.

Repeat the last step over and over until you have completed the Friendship Band to fit the wrist.



To change colour, drop the blue strand, pick up the yellow and continue the knots in the same way.

The knots should start spiralling around the hanging threads.



## **Finishing:**

When you reach the desired length, make a knot to match the other end. Remove tape. Trim ends, leaving enough to tie on wrist. Make a knot on each strand end to keep from fraying, adding a bead if desired.

