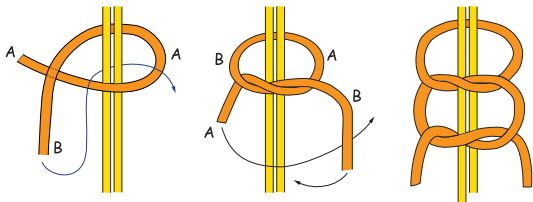


Buddhist Man



Cord
Scissors

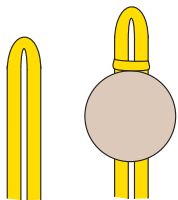
4 small beads
1 large bead



Tie an overhand knot to start:
Follow the diagrams to tie the flat knots.

Do six knots on either side of the body, each side alternate.

Take a length of cord and fold in half

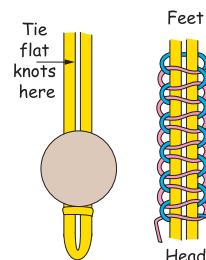


Thread the large bead onto the doubled cord then tie a knot to secure the head in place.

Slide the bead up to the knot.

Turn the bead and cord upside down.

Now make the flat knots finishing with six on each side with the arms at the head end.



Slide a bead onto the end of one of the arms then tie a knot in the end to stop it slipping off.

Now do the same for the other arm and the two legs.

Turn the man the right way up.

The six knots are the six senses of Buddha

The flat knots will slide up and down the body

When you are sad the body is in his boots.

When you are happy the body slides up to the head.

